

# Think & Grow Rich Written Statement Help Sheet

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**1. Decide how much you want. Be definite about the amount that you desire and hold this figure in your mind. You cannot say “I want more money”, you MUST be definite.**

- What is the sum total of all of your debts?
- If you have a mortgage, how much left do you have to pay?
- Do you want a brand new car? How much will it cost?
- How much money do you want in your savings account?
- How much does that fun holiday cost?

**2. Determine what you intend to giveback in return for the money. There is no such reality as “something for nothing”.**

- What are you good at?
- What makes you feel great when you do it?
- What are your hobbies?
- If money was no object, what would you like to do ALL day, EVERYDAY?
- What is your passion?

**3. Decide on a definite date by which you will have achieved your desired amount of money.**

- Set yourself a realistic deadline. Make sure it is something that stretches your boundaries but does not appear to be impossible for you to reach. Only you can decide on the correct date for you.

**4. Create a definite plan of action that you will adhere to in order to carry out your desire. You must begin this plan at once, whether you feel ready or not.**

- What are your first thoughts of how you can attain this money?
- How are other people making this money?
- How can you incorporate what you intend to give back into your plan of action?
- What idea made you feel brilliant when you thought of it?
- If you do not have a definite plan of action, do not worry in the slightest. Just start demanding of yourself that you will acquire the plans. Spend your time visualizing your desired outcome. How does it make you feel having all of that money? Think about it often and day dream about your riches! Imagine yourself having it all already – have fun with this ☺

**5. Write out a clear statement of the amount of money you intend to acquire, by when you desire to have attained it, state what you intend to give in return for the money, and describe clearly your plan for attainment.**

Use the following statement as a guideline and fill in the blanks:

By the first day of \_\_\_\_\_, I will have in my possession \$\_\_\_\_\_, which will come to me in various amounts from time to time during the interim.

In return for this money I will give the most efficient service of which I am capable, rendering the fullest possible quantity, and the best possible quality of service in the capacity of \_\_\_\_\_.

I believe that I will have this money in my possession. My faith is so strong that I can now see this money before my eyes. I can touch it with my hands. It is now awaiting transfer to me at the time, and in the proportion that I deliver the service I intend to render in return for it.

[OPTIONAL] I am awaiting a plan by which to accumulate this money, and I will follow that plan, when it is received.

**6. Read your written plan aloud, twice a day. Once in the morning after you wake up, and once in the evening before you go to sleep. As you read, SEE, FEEL and BELIEVE yourself already in possession of the money.**

Have fun with this!

- Feel yourself with all of that lovely money and all of the wonderful things you can do with it
- See yourself going down to the bank with the biggest check you've ever held in your hands!
- Smell the money, touch the money
- See yourself driving that brand new car
- Make sure you know what it feels like to have huge saving accounts stuffed with deposits!

Wishing you never ending success,



**Gary Evans**  
**Good To Feel Good**

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